



AUGUST 2026 MENU

Delicious, Convenient & Affordable Meals
Delivered Fresh to Your Door
48 hour business day notice to place orders
Call - 772.223.7825 or 772.223.7826

Monday 8/3/26	Tuesday 8/4/26	Wednesday 8/5/26	Thursday 8/6/26	Friday 8/7/26
A: SLOPPY JOE B: SHRIMP SCAMPI C: EGG SALAD WRAP W/AVOCADO & BACON - COLD	A: MEATBALL MARINARA B: BAKED STUFFED SOLE C: TZATZIKI CHICKEN SALAD PLATE - COLD	A: BAKED LEMON PEPPER FISH B: BABY BACK RIBS C: CHICKEN SALAD CROISSANT - COLD	A: BEEF STEW B: EGGPLANT PARMESAN C: CHEF SALAD PLATE - COLD	A: CHICKEN PARMESAN W/PASTA B: BEEF POT PIE C: GREEK CHICKEN WRAP - COLD
Monday 8/10/26	Tuesday 8/11/26	Wednesday 8/12/26	Thursday 8/13/26	Friday 8/14/26
A: STUFFED PEPPERS W/TOMATO SAUCE B: SHRIMP AND GRITS C: ASIAN NOODLE SALAD WITH SEARED TUNA - COLD	A: ITALIAN SAUSAGE W/ONIONS & PEPPERS B: SHRIMP FRIED RICE C: ROAST BEEF & CHEESE WRAP - COLD	A: CHICKEN A'LA KING B: BEEF FILLED RAVIOLI W/MUSHROOM SAUCE C: GRILLED CHICKEN STRAWBERRY SALAD PLATE - COLD	A: CHEESEBURGER W/ONIONS B: HONEY MUSTARD SALMON W/PECAN CRUST C: ITALIAN "SUB" SANDWICH - COLD	A: SWEDISH MEATBALLS B: BBQ BEEF BRISKET C: SMOKED SALMON WRAP W/CRÈME FRAICHE - COLD
Monday 8/17/26	Tuesday 8/18/26	Wednesday 8/19/26	Thursday 8/20/26	Friday 8/21/26
A: MEAT & CHEESE LASAGNA B: CHINESE BEEF BROCCOLI C: CHICKEN COBB SALAD PLATE - COLD	A: MEATLOAF B: STUFFED CABBAGE C: SEAFOOD SALAD PLATE - COLD	A: SOUTHERN PULLED PORK B: CHICKEN PICATTA C: TUNA SALAD PLATE - COLD	A: PORK CHOPS W/GRAVY B: MEDITERRANEAN BAKED HADDOCK C: AVOCADO AND CHICKEN CAPRESE WRAP - COLD	A: BEEF STROGANOFF B: ROASTED ATLANTIC SALMON W/SCALLOPED POTATOES C: BLACKENED SHRIMP CAESAR SALAD - COLD
Monday 8/24/26	Tuesday 8/25/26	Wednesday 8/26/26	Thursday 8/27/26	Friday 8/28/26
A: BBQ CHICKEN B: SHEPHERD'S PIE C: CHICKEN CAESAR WRAP - COLD	A: BAKED HAM B: STUFFED SHELLS WITH MARINARA C: CHICKEN SALAD PLATE - COLD	A: CHICKEN CACCIATORE B: PENNE PASTA W/ITALIAN SAUSAGE C: RANCH BACON & CHICKEN WRAP - COLD	A: CHILI MAC B: CHICKEN ALFREDO C: EGG SALAD PLATE - COLD	A: CHICKEN MARSALA B: NEW ENGLAND BAKED COD C: TURKEY CLUB WRAP - COLD
Monday 8/31/26				
A: SWEET AND SOUR CHICKEN B: SMOTHERED CUBED STEAK C: SEAFOOD CROISSANT - COLD				
Meals are delivered Hot or Cold, Monday thru Friday between 11AM - 2PM All meals include a beverage, fruit cup, bread and butter			*DESSERTS- \$3.00 per slice - No sugar/reduced fat - Cherry Pie Chocolate Cake Boston Cream Pie	\$5.00 per slice - Orange Phyllo Cake

Bon Appetit!