



September 2026 MENU

Delicious, Convenient & Affordable Meals
 Delivered Fresh to Your Door
 48 hour business day notice to place orders
 Call - 772.223.7825 or 772.223.7826

	Tuesday 9/1/26	Wednesday 9/2/26	Thursday 9/3/26	Friday 9/4/26
	A: ROAST TURKEY W/GRAVY B: BRATWURST WITH SAUERKRAUT C: AUTUMN CHOPPED CHICKEN W/PECANS SALAD PLATE - COLD	A: BACON CHEESEBURGER MACARONI B: BEEF POT ROAST C: ASIAN CHICKEN SALAD WITH CASHEWS - COLD	A: SLOPPY JOE B: SHRIMP SCAMPI C: EGG SALAD WRAP W/AVOCADO & BACON - COLD	A: MEATBALL MARINARA B: BAKED STUFFED SOLE C: TZATSIKI CHICKEN SALAD PLATE - COLD
Monday 9/7/26	Tuesday 9/8/26	Wednesday 9/9/26	Thursday 9/10/26	Friday 9/11/26
CLOSED IN OBSERVANCE OF LABOR DAY	A: BAKED LEMON PEPPER FISH B: BABY BACK RIBS C: CHICKEN SALAD CROISSANT - COLD	A: BEEF STEW B: EGGPLANT PARMESAN C: CHEF SALAD PLATE - COLD	A: CHICKEN PARMESAN W/PASTA B: BEEF POT PIE C: GREEK CHICKEN WRAP - COLD	A: STUFFED PEPPERS W/TOMATO SAUCE B: SHRIMP AND GRITS C: ASIAN NOODLE SALAD WITH SEARED TUNA - COLD
Monday 9/14/26	Tuesday 9/15/26	Wednesday 9/16/26	Thursday 9/17/26	Friday 9/18/26
A: ITALIAN SAUSAGE W/ONIONS & PEPPERS B: SHRIMP FRIED RICE C: ROAST BEEF & CHEESE WRAP - COLD	A: CHICKEN A'LA KING B: BEEF FILLED RAVIOLI W/MUSHROOM SAUCE C: GRILLED CHICKEN STRAWBERRY SALAD PLATE - COLD	A: CHEESEBURGER W/ONIONS B: HONEY MUSTARD SALMON W/PECAN CRUST C: ITALIAN "SUB" SANDWICH - COLD	A: SWEDISH MEATBALLS B: BBQ BEEF BRISKET C: SMOKED SALMON WRAP W/CRÈME FRAICHE - COLD	A: MEAT & CHEESE LASAGNA B: CHINESE BEEF BROCCOLI C: CHICKEN COBB SALAD PLATE - COLD
Monday 9/21/26	Tuesday 9/22/26	Wednesday 9/23/26	Thursday 9/24/26	Friday 9/25/26
A: MEATLOAF B: STUFFED CABBAGE C: SEAFOOD SALAD PLATE - COLD	A: SOUTHERN PULLED PORK B: CHICKEN PICATTA C: TUNA SALAD PLATE - COLD	A: PORK CHOPS W/GRAVY B: MEDITERRANEAN BAKED HADDOCK C: AVOCADO AND CHICKEN CAPRESE WRAP - COLD	A: BEEF STROGANOFF B: ROASTED ATLANTIC SALMON W/SCALLOPED POTATOES C: BLACKENED SHRIMP CAESAR SALAD - COLD	A: BBQ CHICKEN B: SHEPHERD'S PIE C: CHICKEN CAESAR WRAP - COLD
Monday 9/28/26	Tuesday 9/29/26	Wednesday 9/30/26		
A: BAKED HAM B: STUFFED SHELLS WITH MARINARA C: CHICKEN SALAD PLATE - COLD	A: CHICKEN CACCIATORE B: PENNE PASTA W/ITALIAN SAUSAGE C: RANCH BACON & CHICKEN WRAP- COLD	A: CHILI MAC B: CHICKEN ALFREDO C: EGG SALAD PLATE- COLD		
Meals are delivered Hot or Cold, Monday thru Friday between 11AM - 2PM All meals include a beverage, fruit cup, bread and butter			*DESSERTS- \$3.00 per slice - No sugar/reduced fat - Cherry Pie Chocolate Cake Boston Cream Pie	\$5.00 per slice - Orange Phyllo Cake

Bon Appetit!